Principal's Office

Subject: COVID_19 - reminder of protective measures

Be vigilant

The risk of a rise in COVID cases requires everyone to be particularly vigilant.

To keep on working, when the virus circulating, depends entirely on compliance with the following principles:

- **Wearing a mask** is one of the most effective individual measures to limit the risk of COVID-19 transmission and protect vulnerable people. Individual and collective vigilance is essential to protect each other from the virus.
  - It is recommended that you wear a mask when you are in places where compliance with protective measures is limited, as well as in enclosed places that are poorly ventilated.
  - It is also recommended for frail people (the elderly or immunocompromised people ...) to wear a face covering, or if you are in the presence of the elderly, immunocompromised or chronically ill people, if you have symptoms, and for up to 7 days, if you are a contact case or when you come out of isolation.

- Remembering to ventilate premises regularly (10 minutes every hour);
- Respecting hygiene measures (regular hand washing, sneezing into your elbow...);
- Preventing risks of handborne contamination (regular cleaning of objects and common points of contact)
1. Actions to be taken

**I have tested positive for Covid-19, what should I do?**

I need to isolate as soon as I experience the first symptoms of Covid-19.

Compliance with protective measures (wearing a mask and other protective hygiene measures) must be respected for a further 7 days as soon as the person, who tested positive to COVID-19, stops isolating.

**I'm a contact case**

Since March 21 2022, in accordance with the High Council of Public Health (HCSP) dating from February 11 2022, contact cases, regardless of their vaccination status, will no longer be required to isolate.

Nevertheless, they must always:

- Strictly respect protective measures, including wearing a mask indoors and outdoors in contact with other people;
- Limit their contact, especially with fragile people;
- Avoid contact with people at risk of a severe form of the virus;
Work from home whenever possible.
In addition, contact cases must take a test (TAG, RT-PCR or self-test) on Day 2 starting from when they were notified as being a contact case.

A positive antigen test or self-test result must be confirmed by an RT-PCR test.

When waiting for confirmation of the test result, the person is considered a positive case and must start isolating.

1. Vaccination

Up-to-date vaccination against COVID-19 is recommended, including the second booster dose for vulnerable individuals.

2. Distribution of Self-tests at ENS de Lyon

Self-tests will be distributed at specific times:
- **MONOD** site: MGN1 Sud 232 office (from reception > take the elevator > 2nd floor SOUTH > you will find the booth just opposite): Monday and Friday mornings, from 10am to 12pm.
- **DESCARTES** site: office D2007: Tuesday and Thursday mornings from 10am to 12pm.
- **BUISSON** site at Reception: Wednesday mornings from 10am to 12pm.
Distribution outside hours is possible on request at materielcovid@ens-lyon.fr

3. Specific HR measures

- For vulnerable persons: the special leave of absence system (known as ASA, in French) on the basis of a medical certificate will be maintained until January 31, 2023.
- The law putting an end to the exceptional regimes created to fight against the Covid-19 Epidemic was published on July 31, 2022, after its full validation by the Constitutional Council, it also stated that the special leave of absence requiring a medical certificate (ASA) will no longer be necessary for staff who can’t work from home and who need to look after a child.

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